

# November 25 – 29<sup>th</sup>

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- There will be no swimming on Monday, November 26th (Day 3).
- **KG Sports Day** will be on **Tuesday, November 27th** from 8:00-9:30am on the GAA Sports Field. Please ensure that students bring hats, sun screen, and a water bottle.
- **'Little Thinker' Arabic Book Fair** will run from **Tuesday, November 27th to Thursday, November 29th** outside the main library. To honor UAE National Day, the library is hosting a book fair for KG/Elementary students and their families. If you wish for your child to buy books, on Sunday, November 25th students will receive a flier to take home and bring back in with money. The Fair will donate a portion of the sales to our library in books to grow our much-needed Arabic collection!
- **UAE National Day Celebrations** will be on **Thursday, November 29th**. There will be an Assembly (8:30-9:30), Activities on the GAA Field (9:30-10:30), and a live band (1:00-2:45pm). The Assembly will be led by the students, demonstrating the work and performances they have prepared for National Day, which are connected to their Social Studies PYP Unit of Inquiry. Activities will include riding camels, henna, and holding falcons (older students). A buffet lunch will be provided by Emirati families, and will be hosted in the KG wing.

## **Fun Ideas for Healthy Lunches**

**Check out our new FUN LUNCHES page on Weebly!** Please note that the school is very dedicated to its **GAA Policy of Healthy Lunches** for Children. Please ensure that your child brings a fruit and vegetable portions with them each day. The school does not allow candy at school, as it ensures that 'sugar high' behaviour challenges are avoided, and classmates are able to happily learn together with ease.

- **Fun lunch ideas from GEMS World Academy**
- **Fun lunch ideas & recipes at TheProvince.com**
- **Fun lunch ideas & recipes at TheLunchBox.com**

## **Sleepy Time for busy Kinders**

"Time spent talking about and developing healthy sleep habits will stay with a child and lead to healthy lifestyle, work habits and brain function." - GAA Parental Engagement. The National Sleep Foundation insists that **3-5 year olds need 11-13 hours of sleep each night.**

- Article: **The best things parents can do to support healthy sleep and brain function**
- Article: **How many hours of sleep students need and why**
- Article: **A Good Night's Sleep**

Literacy:

**The Letters of the week are "Kk" and "Cc". Please have your child bring in one thing, (or a picture of a thing), that begins with these letters. Please also send 3 clues about this item for them to read aloud to the class.** The children love this activity, which strongly supports their development of public speaking skills, self-confidence, sense of community, and

sight/sound letter recognition.

### Mathematics

This week we will learn about sorting items using common attributes such as colour, size, shape and subject matter.

### Phys Ed:

- Swimming is on Days 3 & 6
- Gymnastics is on Days 2, 4 & 7
- Ball Skills are on Days 1, 5 & 8

### PYP Unit:

This week we will complete our explorations and inquiries for our IB Primary Years Programme (PYP) unit on “**How Our Family Homes Relate to Our Life Experiences**”.

### Upcoming Events:

- **Parental Engagement Week** will be on January 26th - 31st, 2013. During this week we celebrate the great Parental Engagement that happens EVERY DAY at GAA. Workshops will be hoisted during this week. In preparation, please send me any 'workshop topics' that might interest you, and we'll see if we can make it happen during this great week!

Additional Info: **Hats must be worn outside** by students who want to play on the bicycles in the sun. This is school policy.

Please be sure to check this website each week for class updates and information for Parents.

([Kinder4Starfish.weebly.com](http://Kinder4Starfish.weebly.com)).